CARING FOR THE SICK
FROM AN IGNATIAN PERSPECTIVE

On Thursday, March 7th at 7:00 PM in Wallace Hall, Dr. Jacqueline Perez, DO, Assistant for Health Care for the New York Province of the Society of Jesus, will speak on caregiving for the ill and dying from an Ignatian perspective. Thinking about this upcoming talk reminded me of a personal experience that illustrates how Ignatian principles and spirituality can ripple through both individuals and institutions.

Last fall I had dinner with a dear friend, a very experienced nurse who has spent her entire professional life in various nursing positions. She is currently the Coordinator of Faith-Based Initiatives at a small non-profit general hospital in New Jersey. Our friendship has long included faith-sharing about the happenings in our lives. During dinner she mentioned that the hospital had recently become aware of morale problems among the staff, particularly among the nurses. Changes in medical insurance, as well as in the medical field itself, were producing work overload in many areas. The economic downturn was also causing stress among the staff. My friend told me that many nurses were questioning the value of their work. What had started out as a vocation for many was turning into “just a job.” It was also clear to some of the hospital administrators, particularly the Pastoral Care Director, that a response to the staff was needed. My friend wondered if I could offer some suggestions.

As a matter of fact, I could! “So you want to renew a sense of vocation among the nurses?” I asked. “Yes,” she answered. “We are pretty clear about many of the problems, some of which can be addressed. Others are the product of changes in a system that create a residue of unmanageability.” After listening to the stories she shared, I noted that there seemed to be a spiritual component to the problem. My friend agreed, and added that they were thinking of offering an in-service program where the nurses would come together in small groups for reflection and sharing. It was then that I had a flash of insight: “Why not create a process that is based on discernment from the Spiritual Exercises of St. Ignatius, without overtly naming it as such?” I asked. She warmed to my suggestion, grabbed some paper napkins and a pen and said, “Go ahead. Tell me what this might look like.”

I drew her attention to the word vocation. “Every vocation has a founding grace or desire. Tap into that wellspring of meaning. How did each person decide on a nursing career?

What were their desires in their early, youthful days? Evoke the stories each one had to tell and help them notice and savor common themes. It would release a fountain of graced energy among the participants. When that energy was flowing, move to the present consolations, the lights that they are currently experiencing. Ask them what their best day of nursing looks like now. After those stories are told, help them notice and savor the commonalities. Then invite reflection on the shadows. Ask the nurses what the worst day of their present experience looks like and note the commonalities.

“In summarizing this exercise, focus on how their original vocational grace continues to flow and is still available to them as they struggle with the shadows of their vocation. Later in the day each nurse could share a case study on a specific issue for which she or he would like input from the group and the facilitators.”

While I was writing this essay I called my friend for an update on the conversation we’d had more than a year ago. She reported that a program had been designed as we had discussed. Those who participated shared stories of gratitude, joy, and profound meaning, as well as the gifts of friendship and companionship. Immediate and subsequent evaluations said, “Do more of this!” My friend noted that many participants experienced a renewed sense of vocation. She added that other departments have asked for similar workshops. It is a source of great joy and delight to realize that a dinner conversation in a diner on a fall evening would bear such rich fruit!

It has been estimated that there are more than 44 million caregivers in the United States. They are present in an estimated 20% of households and I would venture to guess that those of us who are not caregivers ourselves know someone who is. Like the nurses at my friend’s hospital, caregivers frequently feel stressed physically and emotionally. I invite you to join us on March 7th as Dr. Perez reflects on the journey of illness and dying from an Ignatian perspective. There will be an opportunity to ask questions and to share lights and shadows. May it be an evening filled with many graces!

Sister Kathryn King, FSP
Pastoral Associate
SUNDAY, MARCH 3rd
Mark’s Gospel Live:
4:00 PM. Church. Details on page 5.

Ignatian Young Adult
Lenten Reflection Group.
6:00 PM. Parish Lounge.

Sunday Social. 8:30 PM. Wallace Hall.
Hosted by the Ignatian Young Adults
(follows the 7:30 PM Mass).
All young adults (ages 21-39) are welcome.

WEDNESDAY, MARCH 6th
Daily Masses at 8:30 AM, 12:10 PM, and 5:30 PM: Time for Reflection.
The Daily Mass on the Wednesdays of Lent will offer a few moments to reflect quietly upon the readings of the day (in lieu of a homily).

Ignatian Young Adult Knitters/Crocheters.
7:00 PM. Parish House.
Details on page 3.

THURSDAY, MARCH 7th
Caring for the Ill and Dying from an Ignatian Perspective.
Speaker: Dr. Jacqueline Perez, DO.
7:00 PM. Wallace Hall. Details on page 5.

FRIDAY – SUNDAY, MARCH 8th-10th
Shelter Weekend. Wallace Hall.
If you would like to volunteer, please contact Chris Halem at the Parish House.

SATURDAY, MARCH 9th
40s & Fabulous Lenten Film Series.
The Bicycle Thief.
Following the 5:30 PM Mass.
Parish House. Details on page 3.

THIS WEEK AT A GLANCE

RECOMMENDED READING:
THE LIVING GOSPEL:
Daily Devotions for Lent
For Lenten prayer this year, we are recommending a small booklet by Rev. Scott Hurd of the Archdiocese of Washington, D.C. Each daily devotion offers a prayer, a pertinent reflection on the gospel reading for the day, and a specific challenge for ongoing spiritual growth.
Available at the Parish House while supplies last. Cost: $2.00

Also Available:
Six Minute Reflections for Lent
Based on the writings of the late Bishop Kenneth Untener of Saginaw, Michigan, these booklets have been well received in past years. The goal is to find six minutes of quiet time each day during Lent and work through the booklet one day at a time. Cost: $1.00

NEXT WEEK AT A GLANCE

LENTEN FOOD DRIVE
Food insecurity is an on-going struggle for many New Yorkers.
Throughout Lent, SVdP will be accepting donations of food for the Community Pantry at the Church of St. Gregory the Great. The items requested each week are listed at left. Please bring donations to the Parish House.

Thank you for remembering those in need this Lenten Season.

SOCIETY OF ST. VINCENT DE PAUL

LENTEN FOOD DRIVE

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Next week, our parish will take up the Catholic Relief Services Collection. This Collection supports six Catholic agencies that touch more than 100 million lives around the world. Donations help provide food to the hungry, welcome and support to displaced refugees, and advocacy for the voiceless. Thank you in advance for your generosity.

PLEASE OPEN FOR PAGES 3 AND 4
Sunday Socials Winter Schedule
The IYA hosts socials for young adults (ages 21-39) in Wallace Hall from September through June following the Sunday evening 7:30 PM Mass.

To receive updates on IYA events and other opportunities, please sign up for our email list at http://tinyurl.com/IgnatianYoungAdults and follow us on Facebook at “Ignatian Young Adults (NYC).”

Calling All IYA Knitters & Crocheters!
Come join other Young Adults for socializing and making knitwear for charity. Join us on the following Wednesdays from 7:00 – 8:30 PM in the Parish House:

Mar. 6 & 20  |  Apr. 3 & 17  |  May 1, 15, 29

Email molly.nora@gmail.com with questions or to join the email list.
All skill levels are welcome.

Our Catholic Faith
40s & Fabulous invites all parishioners to the final session of its Speaker Series: Our Catholic Faith. April 14th: Wrap-up and Reflections Rev. George Witt, S.J.
Register your interest at 40sandfabulous@gmail.com
**Announced Masses and Readings for the Week**

**Monday, March 4th** *(St. Casimir)*

- 8:30 MEM  Margaret Keely
- 12:10 MEM  Lee Esack
- 5:30 MEM  C. James King

**Tuesday, March 5th** *(3rd Tuesday of Lent)*

- 8:30 MEM  Marilyn Ross
- 12:10 MEM  The Meehan Family
- 5:30 MEM  Therese Tissa David

**Wednesday, March 6th** *(3rd Wednesday of Lent)*

- Deuteronomy 4:1, 5-9  Psalm 147  Matthew 5:17-19
- 8:30 MEM  The Choix & Gordon Families
- 12:10 MEM  Therese Tissa David
- 5:30 MEM  Frieda Meiert

**Thursday, March 7th** *(St. Felicity & St. Perpetua)*

- 8:30 MEM  John & Nora Reilly
- 12:10 MEM  Sose & Mark Prekelezaj
- 5:30 MEM  Sr. Frances Smith, SC

**Friday, March 8th** *(St. John of God)*

- Hosea 14:2-10  Psalm 81  Mark 12:28-34
- 8:30 MEM  Eugenia Mazai
- 12:10 MEM  Sose & Mark Prekelezaj
- 5:30 MEM  Deceased Members of the Scanlon & McLoughlin Families

**Saturday, March 9th** *(St. Frances of Rome)*

- 8:30 MEM  Edward Kendrigan

**Sunday, March 10th** *(4th Sunday of Lent)*

- Joshua 5:9a, 10-12  Psalm 34

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**Adult Confirmation Class**

*Tuesday evenings, March 12th – April 23rd*

Adult parishioners of St. Ignatius who have received First Eucharist but who have not yet received the sacrament of Confirmation can register for a course in preparation for the sacrament to be conferred here on Wednesday evening, April 24th, at 5:30 PM.

The course will begin on Tuesday evening, March 12th at 7:15 PM and will continue for seven consecutive Tuesday evenings, concluding on Tuesday, April 23rd.

Attendance at all the sessions is required. Enrollment is limited. There may be room for a few parishioners already Confirmed who seek some updating in Catholicism.

Interested adults should contact Fr. Bergen at the Parish House (212-288-3588).

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**CHANGE FOR CHANGE:**

Donations this year will be forwarded to Hopeworks, a youth development organization located in Camden, NJ. The heart of the program is technology training in state-of-the-art computer applications: Web site design, geographic information services, computer networking and repair, and video. Hopeworks’ Founder and Executive Director is Father Jeff Putthoff, S.J.

The collection period runs from Ash Wednesday to the end of April.

Please bring donations to the Parish House in care of Joanne Cunneen.

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**EASTER SUNDAY, MARCH 31st**

*Please note the change in Mass times on Easter Sunday:*

- **7:30 AM** - Organ/Cantor
- **9:00 AM** - Organ/Cantor
- **10:30 AM** - Organ/Cantor/Choirs/Brass
- **11:00 AM** (Wallace Hall Family Mass) - Piano/Choirs
- **Noon** (Solemn Mass) - Organ/Cantor/Choirs/Brass
- **7:30 PM** - Organ/Cantor

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**A complete list of Lenten activities,** including Holy Week Mass times, can be found in the Lenten brochure. Copies are available in the Narthex, at the Parish House, and online at [www.stignatiusloyola.org](http://www.stignatiusloyola.org)
**A Comparative View of the Gospels**

**Wednesday Evenings:**
March 20th, April 3rd & 17th, May 1st & 15th

Facilitator: Rev. Joseph Marina, S.J.
7:00 – 8:30 PM  Wallace Hall Classroom

Which gospel was the first to be written and for whom was it intended? Why are some of our favorite parables presented only by Luke? Why does John omit references to bread and wine from his account of the Last Supper? To what extent are the gospels historically accurate?

These and other critical questions will be considered as we walk through each of the four gospels from a theological perspective. Attention will be given to the commonalities and differences in the life and teachings of Jesus across the gospels and to the spiritual implications of believing in Christ today.

Suggested readings will accompany each class meeting.

This seminar is offered to parishioners of St. Ignatius free of charge, but the purchase of *Living Jesus: Learning the Heart of the Gospel* by Luke Timothy Johnson (2000) is required. It is available at [Amazon.com](http://www.amazon.com).

To register or to obtain more information, please contact
Fr. Joseph Marina, S.J., at 212-288-3588 or marinaj@saintignatiusloyola.org

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**Mark’s Gospel LIVE**

*a first century story about love and healing*

performed solo by Rev. Joseph Morris

**Sunday, March 3rd**
at 4:00 PM in the Church

*Mark’s Gospel LIVE* is a solo performance. All of St. Mark’s characters are portrayed as the story is narrated right from the Biblical text. There are no other actors. It is not a reading or a talk. It is the actual words of the Gospel memorized and performed like story telling.

Rev. Morris is a Roman Catholic priest with the Archdiocese of Atlanta. He is the chaplain for the Kennesaw State University Catholic Center and the Atlanta Falcons. Rev. Morris has performed *Mark’s Gospel LIVE* more than 300 times throughout the United States, the United Kingdom, and Canada.

**ADMISSION: Free-Will Offering**

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**JOIN US!**

Dr. Jacqueline Perez, DO
Provincial Assistant for Health Care
New York Province
of the Society of Jesus

**Caring for the Ill and Dying from an Ignatian Perspective**

**Thursday, March 7th**
7:00 PM in Wallace Hall

Dr. Perez will reflect on the journey of illness and dying from the perspective of Ignatian Spirituality. Her presentation will be followed by discussion and questions.

*Wine and cheese reception to follow.*

RSVP: kingk@saintignatiusloyola.org or 212-288-3588 x619

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Dr. Perez is presently Assistant Clinical Attending Physician at The Mount Sinai Hospital and Lutheran Medical Center Family Health Community Medicine Program. She is also a trained Spiritual Director and has led the *Spiritual Exercises* in workshops, retreats, and days of recollection.

Hosted by Boomers & Beyond, Emmaus Bereavement Ministry, Ignatian Young Adults, and 40s & Fabulous, with the generous support of Frank E. Campbell The Funeral Chapel.
Lenten Vespers 2013. Thomas Merton, Trappist monk and spiritual writer, was baptized as an adult in Corpus Christi Church on November 16, 1938. In this Vesper series, through psalmody, music, and preaching, Corpus Christi will reflect on the 75th anniversary of his Baptism and his legacy for today's world.

**Sunday, March 10th at 4:00 PM:**
**Mercy Within Mercy Within Mercy: The God of Jonah and Thomas Merton.** Speaker: Michael Plekon, Baruch College, City University of New York. Music: Choir of Corpus Christi Church, Louise Basbas, director and organist. Corpus Christi Church, 529 West 121st Street. For more information, visit [www.corpus-christi-nyc.org](http://www.corpus-christi-nyc.org)

From Enemy to Brother: The Revolution in Catholic Teaching on the Jews. Sponsored by the Fordham Center on Religion and Culture. **Monday, March 4th at 6:00 PM.** Speakers: John Connelly, Professor of History, University of California, Berkeley, and Susannah Heschel, Eli Black Professor of Jewish Studies, Dartmouth College. This forum explores how, amid Nazi persecution and in the aftermath of the Holocaust, Catholics confronted the most problematic aspect of their history and began to speak a new language of cooperation and friendship with Jews. Fordham University, Lincoln Center Campus, 113 West 60th Street. Free and open to the public. RSVP: 212-636-7347 or CRCevent@fordham.edu

**PARISH STAFF**

**Religious Education for Children**
Joanne Cunneen, M.A., M.S.
Director
(212) 861-4764

**St. Ignatius Loyola Grammar School**
Ms. Mary Larkin, M.S. Ed.
Principal
48 East 84th Street
New York, NY 10028
(212) 861-3820   Fax: (212) 879-8248

**St. Ignatius Loyola Day Nursery**
Ms. Theodora Crist, M.S.
Executive Director
240 East 84th Street
New York, NY 10028
(212) 734-6427   Fax: (212) 734-6972

**Music Ministries**
Scott Warren, *Director*
Nancianne Parrella
Robert Reuter
Michael Sheetz
Maureen Haley
Philip Anderson
Sara Murphy, *Administrator*
Staff information: on the website at music/music staff

**Assistant to the Pastor**
Diane M. Boyle

**Administrative Assistant**
Patricia Schneider

**Director of Facilities**
Czeslaw “Chester” Ciupinski

**Asst. to the Director of Facilities**
Caroline Fernandes

**Treasurer**
Fernando Castro

**Music Information:** (212) 288-2520   Email: music@stignatiusloyola.org

**Weekday Masses**

**Monday-Friday**
8:30 AM, 12:10 PM and 5:30 PM

**Saturday:** 8:30 AM

**Masses for Next Weekend:**
Saturday Vigil: 5:30 PM  Fr. Marina
Sunday: 8:00 AM  Fr. Judge
3:30 AM  Fr. Ugo
Wallace Hall
11:00 AM  Fr. Bergen
Solemn
11:00 AM  Fr. Marina
7:30 PM  Fr. Marina

**Visits to the Sick:** Please contact the Parish House between the hours of 9:00 AM and 9:00 PM.

**Pastor**
Rev. George M. Witt, S.J.

**Pastoral Associates**
Joanne Cunneen
Kathryn King, F.S.P.

**Associate Pastors**
Rev. William J. Bergen, S.J.
Rev. Joseph G. Marina, S.J.
Rev. Ugo R. Nacciarone, S.J.

**Assisting Priests (Sunday)**
Rev. Philip G. Judge, S.J.
Rev. James Martin, S.J.
Rev. Anthony P. SooHoo, S.J.

**Visits to the Sick:** Please contact the Parish House between the hours of 9:00 AM and 9:00 PM.