Summer Sabbath: Rest, Receive, Renew

In the United States, Catholics have not been known as Sabbatarians, that is, strict observers of Sunday as a special day for worship or rest. That was a Protestant thing. The Puritans enforced laws reserving Sunday for churchgoing from the time they landed on these shores. Slowly, the so-called “blue laws” forbade commercial activities such as the sale of merchandise by department or liquor stores. Some states prohibited hunting or other sports on Sunday as well. As a child, I remember the town of Ocean Grove, New Jersey, where “blue laws” required the removal of all cars from the street on Sunday. Little by little, these laws began to disappear. Our culture values accomplishment and doing. Doing anything is preferable to doing nothing! We are losing a sense of the appreciation of beauty for its own sake, of quiet from which wisdom springs, and of satisfying relationship with ourselves and others.

Pope Francis, in the book *Pope Francis: His Life in His Own Words*, is quoted as saying that God is calling us to relax! He states, “Together with a culture of work, there must be a culture of leisure as gratification! In other words, people who work must take the time to relax, be with their families, enjoy themselves, read, listen to music, play a sport, etc. This is being destroyed, in large part, by the elimination of the Sabbath rest day. More and more people work on Sundays as a consequence of the competitiveness imposed by a consumer society. Work ends up dehumanizing people.”

Although Catholic social teaching promotes workers’ dignity, including rest, Papal statements on the matter of leisure tend to be hidden within the dense theology of various encyclicals. Clear, simple statements on the value of gratification through leisure and relaxation as a call from God have rarely been highlighted by a Pope. What if we think of summer as time for Sabbath rest?

Wayne Mueller, in a book entitled *Sabbath*, invites us to reflect on its meaning. He notes that Sabbath can mean specific practices as well as a larger metaphor for living. It can mean a whole day or a part of one. It can refer to time designated as holy, consecrated by attention, mindfulness, and a willingness to create space for rituals of meaning. Such spaciousness fosters a consciousness of experience in a life often engaged unreflectively.

Recent books and articles have noted that many adults, as well as children, do not get enough sleep on a daily basis. Sleep deprivation causes physical and emotional challenges, and may cause chronic illness. Rest is more than sleep. Sabbath rest invites us to give ourselves the gift of time for stillness, quiet, and prayer. Jesus, busy as he was in teaching and healing, clearly obeyed an interior voice coming from His Father. He did not wait to stop for rest in a place of quiet until all who had come were healed. Rest does not need to be solitary. Jesus often took the disciples with him. The Scriptures mention his desire for quiet and prayer. I like to imagine that sometimes they just took time to “hang out” together...perhaps walking the shoreline, or eating a meal, perhaps drinking some wine while they talked over their common experiences.

Quiet reading, listening to music, games, hobbies or crafts, gardening, and cooking all lend themselves to the kind of absorption and rest whereby the cares and worries of life may fall away. Can we surrender to regular periods of quality time without the disturbance or seduction of our heavily used electronic devices? Can we give our spirit time and space just to be?

A Sabbath sanctuary of rest fosters attunement to the gifts and blessings that surround us. We have the opportunity to engage in creative activities, friendships, and various loves, all for sheer enjoyment. We become liberated from the need to produce, to be finished, to have a product. This is the gratification through leisure that is necessary for our human and spiritual growth.

Learning to live the Sabbath renews us and leads us onto the path of satisfaction. We realize that we already have what we need, and we are freed from the insistent striving for more of the consumer culture.

Rested, receptive, and renewed persons find it easier to practice reverence for the earth and for others. May your *Summer Sabbath* become your sacred pathway to peace!

Sr. Kathryn King, FSP
Pastoral Associate
**THIS WEEK AT A GLANCE**

**MONDAY, JUNE 24th**
Ranger Rosary Ministry.
7:00 PM. Meeting Room.
Supplies and instructions are provided.
New members are welcome!

**TUESDAY, JUNE 25th**
Spring into Summer Meet-Up.
Sponsored by Boomers & Beyond.
6:00 – 8:00 PM.
Dorrian's Red Hand Bar & Restaurant. Details below.

**BOOMERS & BEYOND**

Join other Catholic singles (50+) for a casual

**Spring into Summer Meet-Up**
Tuesday, June 25th from 6:00 – 8:00 PM
Dorrian’s Red Hand Bar & Restaurant
1616 2nd Avenue (SE corner of 84th Street)
Cost: $25.00 (cash payment at door.
No pre-payment or reservations required.)
Price includes two drinks and hors d'oeuvres.
Happy Hour prices for additional beverages.
Visit boomersandbeyondnyc.com

**Religious Education for Children**

Registrations for the 2013-2014 IREP
and Catechesis of the
Good Shepherd programs
can be made by calling the
Parish House at 212-288-3588
and pressing “0” for the receptionist.

**THANK YOU**

FOR YOUR GENEROSITY NOW

PLEASE REMEMBER US LATER!
Remember St. Ignatius in
Your Estate Plan.
Leave a legacy to the Church of St. Ignatius Loyola
by including a bequest in your will.

Please contact Fernando Castro, Treasurer,
at 212-606-3476 or castrof@stignatiusloyola.org

**FROM THE PASTOR**

Dear Parishioners,
Summer has officially arrived!
Affirming Sr. Kathryn’s sentiments about Sabbath in this week’s bulletin essay, I will be away for two
2-week periods for vacation and retreat: June 24th through July 8th and July 26th through August 9th.
I am grateful to Father Bergen, who will be coordinating the pastoral needs of the Parish while I am away.
Please pray for me this summer. And count on my continued prayers for you.
Many blessings,
Fr. George M. Witt, S.J.
Pastor

**Welcome, Father Feely!**

Please join us in extending a warm welcome to Father Thomas Feely, S.J.
He will join the Parish Staff as an Associate Pastor in July.
Born in Brooklyn, Father Feely entered the Jesuits in 1964 and was ordained in 1975. He
devoted a number of years to secondary education, serving as principal of Colegio San Ignacio in San Juan, Puerto Rico,
and Regis High School here in Manhattan.
Most recently, Father Feely has worked in the training of young Jesuits, serving as rector of a house of studies and
provincial assistant for formation for the Jesuits’ three East Coast provinces.

**Summer Mass Schedule Changes**

The final Wallace Hall
Family Mass of the season
is being celebrated today.
The Family Mass will resume on
Sunday, September 8th.
Our summer Daily Mass Schedule begins on Monday,
July 1st and runs through Friday, August 30th. During
this time the 12:10 PM Daily Mass is discontinued,
and both the 8:30 AM and 5:30 PM Masses
are celebrated in the Church.
PROPAGATION OF THE FAITH

Next weekend, June 29th-30th, Fr. Gerald Aman, S.J., will be speaking at all Masses on behalf of the Society of Jesus.

Fr. Aman was an upstate New York farm boy before joining the Jesuits. He found greener fields in Nigeria where he has spent 27 years as a pastor of souls. He treasures the years of life-giving liturgies that characterize African Catholicism.

Please join us in warmly welcoming him.

Interested in Becoming Catholic?

Beginning in the fall, a group will meet here during the year to inquire into the Catholic faith, to come to know Jesus through the Gospels, and to pray and to prepare for the Easter Sacraments.

This process is also open to those Catholic adults who have not received the Sacraments of First Communion or Confirmation.

For more information about this process, which is called the Rite of Christian Initiation of Adults (RCIA), contact Maureen Fullam at 212-288-3588.

Save the Dates: October 20th – November 2nd

Walk the last 100 kms of the Camino de Santiago in 8 days with Fr. Witt!

Walk from Sarria to Santiago de Compostela and be awarded the Camino stamp on your pilgrim’s passport and a certificate signed by Pope Francis.

Proceed by bus to Portugal and visit Porto, Lisbon, and Fatima.

Cost: $3,395 – includes round-trip airfare, all accommodations, all transfers, all breakfasts and dinners, daily Mass, and prayer materials.

Space is limited. For more information see the fliers in the Narthex or on our website.

Contact Angie Cruz for reservations: 212-807-0484 or angiecruzphd@gmail.com

ANNOUNCED MASSES AND READINGS FOR THE WEEK

Monday, June 24th
(Nativity of St. John the Baptist)
8:30 MEM  John B., John A., & Elizabeth A. Rooney
12:10 MEM  Rose Buscarino
5:30 MEM  Joan Alfano

Tuesday, June 25th
(12th Tuesday in Ordinary Time)
Genesis 13:2, 5-18  Psalm 15  Matthew 7:6, 12-14
8:30 MEM  Walter Dobush
12:10 MEM  Sose & Mark Prekelezaj
5:30 MEM  Frieda Meiert

Wednesday, June 26th
(12th Wednesday in Ordinary Time)
Genesis 15:1-12, 15-18  Psalm 105  Matthew 7:15-20
8:30 MEM  Dr. Emil Wittek
12:10 MEM  Dominic Gaetano
5:30 MEM  Nora Ephron

Thursday, June 27th
(12th Thursday in Ordinary Time)
Genesis 16:1-12, 15-16  Psalm 106  Matthew 7:21-29
8:30 LVG  Helen Marie Thorne
12:10 MEM  Kerry Drbul
5:30 MEM  Living & Deceased Members of the Wallace Family

Friday, June 28th
(St. Irenaeus)
Genesis 17:1, 9-10, 15-22  Psalm 128  Matthew 8:1-4
8:30 MEM  Patricia Brown
12:10 MEM  Brian Garrand
5:30 MEM  William Powers

Saturday, June 29th
(SS. Peter & Paul)
Acts 12:1-11  Psalm 34  2 Timothy 4:6-8, 17-18
Matthew 16:13-19
8:30 MEM  Dorothy Casey

Sunday, June 30th
(13th Sunday in Ordinary Time)
1 Kings 19:16b, 19-21  Psalm 16

Pastoral Visits Available for Homebound and Ill Parishioners

Parishioners have been trained for the ministry of pastoral visiting to the homebound and chronically ill in our Parish.

If you are interested in having a visit arranged for yourself or for another person, please contact Sr. Kathryn King at 212-288-3588 or kingk@saintignatiusloyola.org.
### PARISH STAFF

**Pastor**  
Rev. George M. Witt, S.J.

**Pastoral Associates**  
Joanne Cunneen  
Kathryn King, F.S.P.

**Associate Pastors**  
Rev. William J. Bergen, S.J.  
Rev. Ugo R. Nacciarone, S.J.

**Assisting Priests (Sunday)**  
Rev. Philip G. Judge, S.J.  
Rev. James Martin, S.J.  
Rev. Anthony P. SooHoo, S.J.

**Music Ministries**  
Scott Warren, *Director*  
Nancianne Parrella  
Robert Reuter  
Michael Sheetz  
Maureen Haley  
Phil Anderson  
Sara Murphy, *Administrator*  
Staff information: on the website at music/music staff

**Assistant to the Pastor**  
Diane M. Boyle

**Administrative Assistant**  
Patricia Schneider

**Director of Facilities**  
Czeslaw “Chester” Ciupinski

**Asst. to the Director of Facilities**  
Caroline Fernandes

**Treasurer**  
Fernando Castro

### Religious Education for Children

Joanne Cunneen, M.A., M.S.  
Director  
(212) 861-4764

### St. Ignatius Loyola Grammar School

Ms. Mary Larkin, M.S. Ed.  
Principal  
48 East 84th Street  
New York, NY 10028  
(212) 861-3820  
Fax: (212) 879-8248

### St. Ignatius Loyola Day Nursery

Ms. Theodora Crist, M.S.  
Executive Director  
240 East 84th Street  
New York, NY 10028  
(212) 734-6427  
Fax: (212) 734-6972

### Children’s Liturgy of the Word:

Will resume in September

### Centering Prayer:

Mondays at 6:30 PM

### Confessions:

5:00 PM Saturday or by appointment.  
Communal Penance Services are celebrated during Advent and Lent.

### Baptisms:

Please call Joanne Cunneen at the Parish House to arrange for a Baptism and the preparation given prior to Baptism.

### Rite of Christian Initiation for Adults:

Contact Maureen Fullam, M.A., Director, at the Parish House.

### Marriages:

The Bride or Groom should call Joanne Cunneen at the Parish House to begin preparation for Marriage, normally one year in advance.

### Visits to the Sick:

Please contact the Parish House between the hours of 9:00 AM and 9:00 PM.

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**Music Information:**  
(212) 288-2520  
Email: music@stignatiusloyola.org

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**Parish Staff Information:**  
980 Park Avenue at 84th Street • New York, New York 10028 • (212) 288-3588  
Fax: (212) 734-3671  
www.stignatiusloyola.org

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(212) 288-2520  
Email: music@stignatiusloyola.org

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**Pastor Information:**  
Rev. George M. Witt, S.J.

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**Administrative Assistant Information:**  
Patricia Schneider

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Czeslaw “Chester” Ciupinski

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**Assistant to the Director of Facilities Information:**  
Caroline Fernandes

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**Treasurer Information:**  
Fernando Castro

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**Solemn Masses for Next Weekend:**

Solemn Mass:  
11:00 AM  
Fr. Bergen  
7:30 PM  
Fr. Aman

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**Weekday Masses Monday-Friday**

8:30AM, 12:10PM, and 5:30PM  
Saturday:  
8:30 AM

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**Summer Daily Mass Schedule begins**

Monday, July 1st. See page 2 for details.

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**Masses for Next Weekend**

Saturday Vigil:  
5:30 PM  
Fr. Ugo

Sunday:  
8:00 AM  
Fr. Judge  
9:30 AM  
Fr. Ugo

This Sunday, June 23rd, marks the final  
Wallace Hall Family Mass of the season.  
The Family Mass will resume on  
Sunday, September 8th.

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**Sacred Space**

We invite you to make a “Sacred Space” in your day and spend ten minutes in prayer, as you sit at your computer, with the help of on-screen guidance and scripture chosen specially every day.  
Visit www.sacredspace.ie

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**The Cardinal’s Annual Appeal**

Sharing God’s Gifts

Your gifts are allocated towards religious education programs, youth ministries, local charities, the education of seminarians, retired clergy, and all of the services provided by the Archdiocese.

Gifts can be made online at www.cardinalsappeal.org  
Thank you for your generosity!

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**Staff Information:**  
Visit the website at music/music staff