Prayer Should Be Like Breathing

The masthead at the top of this page identifies the elements of the Ignatian Way as prayer, service and community. Prayer is given pride of place not only because it is indispensable to a life of faith, but because prayer grounds community and inspires service. As a priest character in Iris Murdoch's novel *Henry and Cato* says to a friend, “Prayer is the most essential of all human activities, it should be like breathing.”

Why is prayer as essential as breathing? We are made for God, and God is always available to us. We, however, do not always make ourselves available to God in return. Prayer is a choice to become available to God. We open ourselves to an encounter with the mystery of God whenever we pray, and because we pray we become aware of encounters with the mystery of outside the time of prayer, encounters which we would never recognize unless prayer had attuned us to look for signs of God's mysterious presence everywhere.

Besides emphasizing personal prayer, the Ignatian spiritual tradition also encourages the practice of spiritual conversation as a way to extend and support prayer. Spiritual conversation links prayer with community. It draws its inspiration from the gospel promise, “For where two or three are gathered together in my name, there am I in the midst of them.” (Matthew 18:20) In spiritual conversation, whether it be one on one or in small groups, prayerful people share the movements of their prayer with each other.

If we approach spiritual conversation with the appropriate attitudes — humility of expression, receptivity of heart, openness of mind — we will find our own life of prayer nurtured and our appreciation of our brothers and sisters enhanced. We will recognize that we form a community of faith with our conversation partners, and we will feel greater love for them.

In the classic of Russian Orthodox spirituality, *The Way of a Pilgrim*, the pilgrim begins his journey with a lament. He has heard any number of sermons on the value and necessity of prayer, but no one has been able to teach him how to pray. He sets out on a journey to learn, and he meets a spiritual guide who teaches him the Jesus Prayer, one of the many methods of prayer that are part of the Christian tradition. Once that happens, the pilgrim finds his life enriched not only by prayer but by spiritual conversations with other prayerful people he meets on his journey. Prayer and spiritual conversation become mainstays of his life.

Our parish offers programs that help us learn to pray and introduce us to spiritual conversation. Two of them are announced elsewhere in this week's bulletin. One is *Meeting Christ in Prayer*, an eight-week program that offers an introduction to various prayer forms from the *Spiritual Exercises* of St. Ignatius Loyola and a weekly opportunity to share spiritual conversation.

Another is *Lay Ministers' Enrichment*. Begun as a service to the parish's lay ministers, it has become an opportunity for spiritual growth a team of lay ministers offers to the entire parish. *Lay Ministers’ Enrichment* presents three programs a year. There is one this month titled *Ignatian Spirituality: The Role of Desire in Prayer and Daily Life* led by Sr. Karen Doyle, SSJ. The day will provide insights into prayer and an opportunity for spiritual conversation.

Even if you cannot participate in either of these programs, you might do some research on resources for Ignatian Prayer, Centering Prayer, or the Jesus Prayer, three of the many methods of prayer deeply rooted in the Christian tradition. Each is different from the others, and that should not surprise or discourage us. We are all different people, so we will not all profit from the same method of prayer. The important thing is to find the way of prayer that fits you, the prayer style and rhythm that allow you to make yourself available to God. Once you do that, you will discover the truth that “prayer is the most essential of all human activities, it should be like breathing.”

— Rev. Thomas H. Feely, S.J.
Associate Pastor
FAMILY MASS LOCATION CHANGE

TODAY
Because of an event being held in Wallace Hall, today’s 11:00 AM Wallace Hall Family Mass will take place in the Grammar School’s McKinnon Hall.

We apologize for any inconvenience.

NEXT WEEKEND:
ANNIVERSARY BLESSING

At all Masses next weekend, we will offer a special blessing for couples celebrating 25 or 50 years of marriage.

We ask those couples attending Mass on Saturday, January 28th or Sunday, January 29th to sit close to the front of the church.

Week of Prayer for Christian Unity
January 18th – 25th

This year’s theme is Reconciliation — The Love of Christ Compels Us (2 Corinthians 5:14–20)

The Week of Christian Prayer invites Christians throughout the world to pray in communion with the prayer of Jesus: “that they all may be one... so the world may believe.” (John 17:21).

For more information, visit www.geii.org

BLOOD DRIVE
Sunday, January 29th
9:00 AM to 3:00 PM in McKinnon Hall

The New York Blood Center requires 2,000 donations daily to meet the transfusion needs of our community.

While all donations are welcome, there is particular need for the following blood types: O Negative, O Positive, A Negative, and B Negative.

To register:
Website – www.nybloodcenter.org/blood
Telephone – (800) 933-2566

Please reference Group Code 06239 when registering.

Walk-ins are also welcome.
A photo or signature ID is required.

Please drink plenty of fluids and eat a well-balanced meal before giving blood.

THIS WEEK AT A GLANCE

SUNDAY, JANUARY 22nd
Sunday Social. 8:30 PM. Parish Lounge.
Hosted by the Ignatian Young Adults.
Follows the 7:30 PM Mass. Details on page 3.

MONDAY, JANUARY 23rd
Ranger Rosary Ministry.
7:00 PM. Meeting Room.
Details on page 3.

WEDNESDAY, JANUARY 25th
Society of St. Vincent de Paul Meeting.
7:00 PM. Conference Room.

THURSDAY, JANUARY 26th
Ignatian Social Justice.
7:00 PM. Conference Room.

FRIDAY – SUNDAY
JANUARY 27th – JANUARY 29th
Shelter Weekend. Wallace Hall.
For information on volunteering, see page 3.

SATURDAY, JANUARY 28th
Ignatian Spirituality:
The Role of Desire in Prayer and Daily Life.
Led by Sr. Karen Doyle, SSJ
9:30 AM. Wallace Hall. Details at bottom right.

IGNITE! Teen Ministry.
6:30 PM. Parish Lounge.
Details on page 3.

LAY MINISTERS’ ENRICHMENT

Ignatian Spirituality:
The Role of Desire in Prayer and Daily Life
Saturday, January 28th, 9:30 AM – 3:30 PM
Wallace Hall

“Only by attending to our desires are we able to encounter our deepest self, the image of God within us.”

with
Sr. Karen Doyle, SSJ
Co-director, Spiritual Direction Training Program, Center for Ignatian Spirituality, Fairfield University
Continental breakfast and lunch will be provided.

All are welcome.
Register online at http://tinyurl.com/January2017LME

SOCIETY OF
ST. VINCENT DE PAUL

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A photo or signature ID is required.

Please drink plenty of fluids and eat a well-balanced meal before giving blood.
IGNITE! TEEN MINISTRY

Saturday, January 28th
6:30 PM – 8:30 PM in the Parish Lounge

All high school students are welcome!

Ignite is a Catholic community of high school students rooted in the Ignatian way of prayer, service, and community. We meet twice a month on Saturdays from 6:30 PM – 8:30 PM.

All are welcome to come and check us out.

To register, scan the QR code at left or visit https://goo.gl/forms/UpawgmEXNRGljc53

IGNATIAN YOUNG ADULTS

Sunday Social Winter Schedule

The Sunday Socials are held in Wallace Hall at 8:30 PM, following the 7:30 PM Mass. They are hosted by the Ignatian Young Adults. All young adults (ages 21–39) are welcome.

Sunday Social Dates
Jan. 22  Feb. 19  March 5  March 19

SOCIETY OF ST. VINCENT DE PAUL

FRIDAY – SUNDAY
JANUARY 27th – JANUARY 29th

SVdP Women’s Shelter
Wallace Hall

Overnight Volunteers Urgently Needed

Help us provide a safe, welcoming haven for our most vulnerable neighbors. Both men and women are invited to volunteer.

If you would like to volunteer in the Shelter, please leave a message for Teresa Abruzzo at the Parish House or email svdp.shelter980@gmail.com

RANGER ROSARY MINISTRY

Monday, January 23rd
7:00 PM in the Meeting Room

The Ranger Rosary ministry meets twice a month to make rosaries for Catholics who are serving in the armed services. These rosaries are constructed from materials with no metal parts that might reflect light or make a rattling noise.

New members are always welcome!

EMMAUS BEREAVEMENT SUPPORT GROUP

A six-session support group for those who have experienced the death of a loved one will begin on Tuesday evening, February 7th, in the Parish House, from 7:00 PM – 8:30 PM.

The sessions, both educational and supportive, are run by experienced facilitators.

To register, email EmmausBereavementGroup@gmail.com

Registration is required.

MEETING CHRIST IN PRAYER

Meeting Christ in Prayer is an interactive 8-week guided prayer experience for small groups. Based on the Spiritual Exercises of St. Ignatius Loyola, it introduces participants to various ways of praying and provides an opportunity to support one another through faith sharing.

Morning Sessions
Tuesdays, February 7th – March 29th*
9:30 AM – 11:00 AM

Evening Sessions
Wednesdays, February 8th – March 29th*
7:00 PM – 8:30 PM

*Note: Both sessions will conclude at the evening meeting on Wednesday, March 29th

What does it offer?
Weekly meetings are 90 minutes long and include group prayer, guided meditation, small group faith sharing, and an orientation for the following week’s prayer or prayer techniques. The cost of the program is a sliding scale of $30-$50 and covers all materials. Scholarships are available.

To register, email MCIP@saintignatiusloyola.org

CALL TO MINISTRY

We need to expand the number of our parishioners serving as

Eucharistic Ministers  Hospitality Ministers  Lectors

Response forms and brief descriptions of each ministry are available in the Narthex (Church lobby) and in the Parish House.

Instruction for new ministers will be offered later this month.

For more information, contact Fr. Feely at feelyt@saintignatiusloyola.org
## DECEMBER SACRAMENTS

**Weddings**
Andrew Carmine Sedia &
Alyson Elizabeth Madell
Stephen Rhodes Selsor & Alyson Elizabeth Paterno
Stephen Theodore Suarez & Ashley Anne Smith

**Baptisms**
Elle Ryan Barry  
Eli Charles Kefgen
Matthew Taylor Cacace  
Stella Rey Merrill
Benjamin Fernando Eluto  
Andrew Patrick Mullen
Benjamin Joseph Frazier  
Naomi Viva
Bryan Phillip Gard  
Pipkins
Charlie Conor Gard  
Robert
Luke Michael Gard  
Carlos Ruiz
Willoughby Ada May  
Rylee Kate
Johnson  
Schofield

## REVIVE: FAITH EVERY DAY
**Monday, January 23rd – Wednesday, January 25th**
Our Lady of Good Counsel, 230 East 90th Street

The Archdiocese of New York is launching an exciting mission and evangelization program called *Revive: Faith Every Day* in each of the parish clusters.

The three-day program for our cluster will be held on **Monday, January 23rd through Wednesday, January 25th** at Our Lady of Good Counsel, 230 East 90th Street.

During these evenings of reflection, hear God’s Word preached, listen to the faith journey of others, and experience God in prayer and the sacraments.

Visit [http://www.FaithEveryDay.com](http://www.FaithEveryDay.com) for more information and to register.

**Registration is preferred, but all are welcome!**

## PRAYER RESOURCES

**Pray as You Go**
www.pray-as-you-go.org

*Pray as You Go* is a daily prayer session designed for use on your iPod or other portable MP3 player.

**3-Minute Retreats**
www.loyolapress.com/3-minute-retreats-daily-online-prayer.htm

Take a short prayer break right at your computer.  
Spend some quiet time reflecting on a Scripture passage.

## Announced Masses and Readings for the Week

### Monday, January 23rd
*(Third Monday in Ordinary Time)*
8:30 MEM  Donna Carroll
12:10 MEM  Patricia DeFlorio
5:30 MEM  The Troilo Family

### Tuesday, January 24th
*(St. Francis de Sales)*
Hebrews 10:1–10  Psalm 40  Mark 3:31–35
8:30 MEM  John B., John A. & Elizabeth A. Rooney
12:10 MEM  Deborah Cote Giove
5:30 MEM  Angel Maria Figueredo

### Wednesday, January 25th
*(The Conversion of St. Paul)*
Acts 22:3–16  Psalm 117  Mark 16:15–18
8:30 MEM  Dorothy Corcione
12:10 MEM  William Davis
5:30 MEM  Angela Elvira Machado

### Thursday, January 26th
*(SS. Timothy and Titus)*
8:30 MEM  Emil Wittek
12:10 MEM  Austin Herr III
5:30 MEM  Living & Deceased Members of the Wallace Family

### Friday, January 27th
*(Third Friday in Ordinary Time)*
8:30 MEM  John Tierney
12:10 MEM  Marie Orso
5:30 MEM  Joseph Gallo

### Saturday, January 28th
*(St. Thomas Aquinas)*
Hebrews 11:1–2, 8–19  Luke 1  Mark 4:35–41
8:30 MEM  Robert Rodrigues

### Sunday, January 29th
*(Fourth Sunday in Ordinary Time)*
Zephaniah 2:3, 3:12–13  Psalm 146
1 Corinthians 1:26–31  Matthew 5:1–12a

## Catholic Schools Week
### January 29th – February 4th
*Catholic Schools Week* is an annual national celebration of Catholic elementary and secondary schools and the important role they play in providing a values-added education for America’s young people.
SUNDAY, JANUARY 29th

11 AM SOLEMN MASS
with Training Choirs I & II
Howells
Two Airs
Harris
Eternal God
Artman
I Never Touched a Rainbow
Howells
Requiem: Salvator mundi
Ferguson
Festival March

11 AM WALLACE HALL FAMILY MASS
with Wallace Hall Choir
Sibelius, arr. Molly Ijames
Be Still, My Soul

WORLD PREMIERE OPERA
Upon this handful of Earth
Friday, February 24th, 7:00 PM
In honor of the publication of “Laudato Si,” Pope Francis’ recent encyclical about the environment, SMSS and The New York Opera Society have commissioned a new chamber opera from renowned Norwegian composer Gisle Kverndokk and librettist Aksel-Otto Bull based on the writings of Father Pierre Teilhard de Chardin.

Tickets: $25–$80

Tickets for all concerts are available online at www.smssconcerts.org or by calling 212-288-2520.

Feeding Our Neighbors:
Archdiocesan-Wide Food Campaign

The Church of St. Ignatius Loyola will be participating in the food drive scheduled from Sunday, January 29th through Sunday, February 5th.

Donations will go to the Community Pantry at the Church of St. Gregory the Great on West 90th Street. Please bring non-perishable foods to the Parish House.

While all donations are greatly appreciated, these items are especially welcome:

- 100% fruit juices
- beans (canned or dry)
- canned fish
  (salmon, sardines, or tuna)
- canned fruits
- canned meat
  (chicken, beef, or ham)
- canned stews
  (chicken or beef)
- canned vegetables
- couscous
- dried fruits
- dry cereal and hot cereal
  (farina, grits, or oatmeal)
- dry milk packets
- nutritional beverages
  (Boost, Ensure, Carnation Instant Breakfast)
- pasta/noodles
- rice
- shelf-stable milk
- soy/almond/rice milk
- tomato sauce
- vegetable soups
- whole wheat crackers

Every item counts!
Thank you for your generosity.

The Ignatian Volunteer Corps (IVC) makes a difference in the lives of people in need through service and prayerful reflection.

Relying on their experience, IVC volunteers are older adults who serve in community agencies and schools as tutors, counselors, legal advisors, business consultants, nurses and teachers. They are men and women who seek to develop and enrich their own spiritual lives through individual and communal reflection in the tradition of St. Ignatius Loyola.

For more information about IVC, visit IVCUSA.org or contact Mary Ellen O’Driscoll, Metro New York Area Director, at 917-609-8163.
PARISH STAFF

Pastor
Rev. Dennis J. Yesalonia, S.J.

Associate Pastors
Rev. Thomas H. Feely, S.J.
Rev. Michael P. Hilbert, S.J.

Senior Priest
Rev. William J. Bergen, S.J.

Pastoral Associates
Teresa Marie Carino
Carly-Anne Gannon

Assisting Priests (Sunday)
Rev. Philip G. Judge, S.J.
Rev. James Martin, S.J.

Music Ministries
Scott Warren, Director
Daniel Beckwith
Robert Reuter
Michael Sheetz
Maureen Haley
Philip Anderson
Sara Murphy, Executive Director of SMSS Concerts

Assistant to the Pastor
Diane M. Boyle

Administrative Assistant
Patricia Schneider

Communications Coordinator
Elizabeth O’Sullivan

Director of Facilities
Michael Gardiner

Asst. to the Director of Facilities
Caroline Fernandes

Treasurer
Fernando Castro

We pray for the faithful departed
Matthew Davis
Paul Walter
May they rest in the peace of the Risen Lord.

Weekday Masses
Monday – Friday
8:30 AM, 12:10 PM, and 5:30 PM
Saturday: 8:30 AM

Masses for Next Weekend:
Saturday Vigil: 5:30 PM Fr. Yesalonia
Sunday: 8:00 AM Fr. Yesalonia
9:30 AM Fr. Hilbert
Wallace Hall 11:00 AM Fr. Feely
Solemn 11:00 AM Fr. Bergen
7:30 PM Fr. Judge

Religious Education for Children
Ms. Carly-Anne Gannon, Director
M.Phil., M.Ed.
(212) 861-4764

St. Ignatius Loyola Grammar School
Ms. Mary Larkin, Principal
M.S. Ed. (Admin.), M.S. Ed. (Literacy)
48 East 84th Street
New York, NY 10028
(212) 861-3820 Fax: (212) 879-8248

St. Ignatius Loyola Day Nursery
Ms. Theodora Crist, M.S.
Executive Director
240 East 84th Street
New York, NY 10028
(212) 734-6427 Fax: (212) 734-6972

Event: March for Life in Washington, D.C.
Friday, January 27. A Manhattan bus (sponsored by the Archdiocesan Family Life/Respect Life Office) will leave from Sacred Heart of Jesus Church, 457 West 51st Street. Mass at 6:15 AM/Depart 7:00 AM. Total cost for the trip: $50. If you are not able to make the trip, please consider making a donation so that others can attend. For further information and to register, call Sr. Shirley at 212-371-1011 x3195 or email sr.shirleyann@archny.org

Travel: An Ignatian Journey to Spain, Plus Lourdes. Sunday, October 1–Wednesday, October 11. Trip includes visits to Loyola, San Sebastian, Montserrat, and Barcelona. Trip leaders: Fr. George Witt, S.J. (Trip Spiritual Director), Provincial Assistant for Spiritual Ministries, Maryland & USA Northeast Provinces of the Society of Jesus, and Mr. Joe Naylor (Group Coordinator), Provincial Assistant for Advancement and Communications, Maryland & USA Northeast Provinces of the Society of Jesus. Prices (not including airfare) start at $3,899 (if paid by check)/$4,098 (if paid by credit card). Accomodations, sightseeing, and meals are included. To download a brochure, visit GoCatholicTravel.com/NaylorWitt For more information, contact Joe Naylor at jnaylor@jesuits.org or call 212-774-5529.

Children’s Liturgy of the Word
Sundays at the 9:30 AM Mass.

Centering Prayer
Mondays at 6:30 PM.

Confessions
4:30 PM Saturday or by appointment.

Baptisms
Please call Teresa Carino at the Parish House (212-288-3588 x632) to arrange for a Baptism and the preparation given prior to Baptism.

Rite of Christian Initiation for Adults
Contact Maureen Fullam, M.A., Director, at the Parish House.

Marriages
The Bride or Groom should call Teresa Carino at the Parish House (212-288-3588 x632) to begin preparation for Marriage, normally one year in advance.

Visits to the Sick
Please contact the Parish House between the hours of 9:00 AM and 9:00 PM.

Music Information: (212) 288-2520 Email: music@stignatiusloyola.org