A man came to talk with me about a “spiritual problem.” His face bespoke shame crossed with anger. “I’m embarrassed to say this, but I hate that man! Every time I see him I’m filled with hatred. And I hate him even more because he makes me hate him!” I told my acquaintance that he wasn’t alone in his struggle with this raw emotion—hatred. Many have confessed to this lately. He replied, “But that’s not me. I’m not a hateful person.”

Sociologists find it difficult to study hatred because people deny that have it. Hate is a taboo. Good people aren’t supposed to hate. However, when this man said, “But that’s not me,” I quietly responded, with a gentle smile, “Oh yes, it is.” We all have in us the capacity for darkness; you and I can be just as hateful and cruel as anyone else. If we deny that capacity, it will unconsciously bleed out. Just look at Facebook, or the streets of Charlottesville, or our national politics.

A major task of the churches now is to help people confront and process the darkness within, individually and collectively. Most of the time this shadow side of us is unconscious, but periodically the “shadow” breaks loose. If hot, raw emotions like hatred are not properly held and transformed, they will be projected onto other people, which can turn into violence. Hate left untransformed will polarize, find enemies, and harden the heart.

The first step in this spiritual alchemy is self-awareness—recognizing our capacity for hatred. It is rooted deep within us. The psychologist Hunter Beaumont characterizes hatred as a “movement of the soul.” Being able to hate is a part of being human and can’t be eradicated. Our recognition of this reality puts us on the road to humility and community, for we accept that we are no better than anyone else, and we begin to feel solidarity with others who are struggling with the same energies.

When we own our capacity for hatred, we can make a distinction between the trigger and the emotion itself. We can now withdraw the projection and invite the raw energy into a contemplative space. Hard, humiliating work, because we are brought face-to-face with the truth about ourselves: we are vulnerable and potentially hateful. Rather than hating the other, we hold the energy and see what it might do to us.

I have a friend who shared some great spiritual wisdom with me. He said, “I know there is a Nazi somewhere inside of me, and, occasionally, I have to go visit him.” My friend was speaking of a spiritual paradox: the raw energy of hatred is also the energy that can empower us to act for creative, positive, fruitful, life-giving change. But for this to happen, that energy needs to be named, channeled toward a goal, held in a contemplative, prayerful space, and ultimately cleansed and purified by God. The energy of hate, when transformed, can move us to abandon outmoded habits, to destroy neurotic blocks, and to discover open places within us to which we were blind.

In the end, it’s in this process of holding—a process that demands the longevity of patient waiting—that we receive the grace to love our enemies, a kind of love we cannot produce through sheer willpower. Only God can give us this grace. The journey to living this love begins when, in humility, we acknowledge that there is darkness within us that we cannot integrate on our own. We can only surrender it and ourselves to the deep compassion of God.

—Brian B. Pinter
Pastoral Associate
**THIS WEEK AT A GLANCE**

**SUNDAY, OCTOBER 28th**
Spark Middle School Ministry.
10:00 AM. Faber Lounge.

**MONDAY, OCTOBER 29th**
Moms, Pops & Tots.
10:00 AM. Gonzaga Meeting Room.
Ranger Rosary Ministry.
7:00 PM. Conference Room.

**THURSDAY, NOVEMBER 1st**
The Solemnity of All Saints.

*Mass Schedule at right.*

*This year, the Solemnity is a holy day of obligation.*

Society of St. Vincent de Paul Meeting.
7:00 PM. Conference Room.

---

**FAMILY MASS LOCATION CHANGE**

**TODAY**

*Please Note*

Because of an event being held in Wallace Hall, the 11:00 AM Family Mass will be held in the Grammar School’s McKinnon Hall.

*We apologize for any inconvenience.*

---

**The Solemnity of All Saints**

Thursday, November 1st is the Solemnity of All Saints, a Holy Day of Obligation.

**Wednesday, October 31st**
A Mass of Anticipation at 5:30 PM in the Church

**Thursday, November 1st**
Masses at 8:30 AM, 12:10 PM, 5:30 PM, and 7:30 PM.
All Masses will be in the Church.

---

**SPARK MIDDLE SCHOOL MINISTRY**

**Parent Information Meeting**

**Wednesday, November 7th**
6:30 PM
Faber Lounge

Parents! Come find out about our new parish ministry just for middle school kids!
It’s not a Bible study. It’s not a prayer group.

Spark is about creating a community of middle school students and applying the Gospel message to their daily lives in innovative ways.

---

**LECTURE**

**The Joy of Parenting**

**Monday, November 19th**
7:00 PM
Wallace Hall

**Presenter:** Timothy P. O'Malley, PhD

Becoming a parent transforms your life. You sleep less. You’re worried about the health and well-being of your child. Yet, it’s often here in the midst of some of the greatest challenges of being a mom or dad that we discover a joy that gives new meaning to our lives.

In this presentation, we will reflect on the joy of parenting, showing how the vocation to parenthood can become the way that God brings us to holiness. Parenthood must be grounded in spirituality!

**About Timothy P. O’Malley**

Timothy P. O’Malley, PhD is director of education with the McGrath Institute for Church Life at the University of Notre Dame. He is the recent author of two books, *Off the Hook: God, Love, Marriage, and Dating* (Ave Maria Press, 2018) and *Bored Again Catholic: How the Mass Could Save Your Life* (Our Sunday Visitor, 2017).

He is married to Kara and has two young children.

---

**CAPITAL CAMPAIGN**

**Your Parish, Your Home**

**CAMPAIGN FOR THE CHURCH OF ST. IGNATIUS LOYOLA**

At the Church of St. Ignatius Loyola, we are always open to where God is calling us. But our magnificent church buildings don’t reflect the welcome we extend to everyone.

*You can help change that by making a gift to this important capital campaign.*

To learn more about the *Your Parish, Your Home* Capital Campaign, visit stignatiusloyola.org/index.php/capitalcampaign
St. Ignatius is on Facebook!

To stay up-to-date on upcoming events, follow us at churchofstignatiusloyolanyc

OlivesWood Sale
Saturday, November 3rd & Sunday, November 4th
In the Narthex after all Masses
Representatives from Bethlehem Handicrafts will be selling religious articles carved from oliveswood after all Masses on Saturday, November 3rd & Sunday, November 4th.

Your purchase can and will make a difference in the lives of the Christian Community in Bethlehem.

Boomers & Beyond

Meatloaf Kitchen
Saturday, November 3rd
Cardinal Spellman Center
137 East 2nd Street
(Between First Avenue & Avenue A)

Volunteer with us as we prepare and serve lunch to those in need of a good meal.

There are 2 shifts that you can sign up for:
Morning Shift - 8:00 AM to 12 Noon
Afternoon Shift - 11:50 AM to 3:30PM

Please specify which shift you prefer when responding.

To RSVP, email boomersandbeyond.st.ignatius@gmail.com

Sunday Brunch
Sunday, November 11th
1:00 PM
Doc Watson’s Outdoor Garden | 1490 2nd Avenue

Price: $22 per person
(includes tax, tip and 2 complimentary drinks)

Space is limited.

To RSVP, email boomersandbeyond.st.ignatius@gmail.com

Boomers & Beyond offers social, educational, cultural, spiritual, and community service opportunities to men and women 50 and older.

Wallace Hall Available for Rental
For more information, contact Caroline Fernandes at 212-288-3588 or fernandesc@saintignatiusloyola.org

November Selection Book Discussion
Thursday, November 15th at 2:00 PM
Parish Lounge

November Book Selection
People of the Book
by Geraldine Brooks

People of the Book traces the harrowing journey of the famed Sarajevo Haggadah, a beautifully illuminated Hebrew manuscript created in 15th century Spain.

When it falls to Hanna Heath, an Australian rare-book expert, to conserve this priceless work, the series of tiny artifacts she discovers in its ancient binding—an insect wing fragment, wine stains, salt crystals, a white hair—only begin to unlock its deep mysteries and unexpectedly plunges Hanna into the intrigues of fine art forgers and ultra-nationalist fanatics.

To register for the November 15th book discussion, email MoreThanABookClubSIL@gmail.com

Registration required.

Snow Ball Dance
Put on your dancing shoes for the Second Annual St. Ignatius Loyola Snow Ball Dance.

Saturday, December 8th
7:00 PM to 10:00 PM
Wallace Hall

Come eat, drink and dance to live music with your friends and other fellow adult (21+) parishioners. Tickets can be purchased at donate.stignatiusloyola.org/snowball.

Tickets: $40/person

For more information, contact ram.akella@pchllp.com
**THE BOOK OF REMEMBRANCE**

During the month of November, we remember our loved ones who have died.

On November 1st, we will place a *Book of Remembrance* on the altar of the Jesuit Boy Saints (at the back of the church, on the 84th Street side). Individuals are invited to write the names of deceased loved ones in this book, which will be kept on the altar during Masses until the *Feast of Christ the King*, Sunday, November 25th.

Departed loved ones will be remembered in prayer at all Masses during the month.

**SAINT IGNATIUS LOYOLA DAY NURSERY OPEN HOUSE**

**ST. IGNATIUS LOYOLA DAY NURSERY**

**Saturday, November 3rd**

10:00 AM to 1:00 PM

240 East 84th Street

RSVP to Maria Valentin, Director of Admissions, at valentinm@ignatiusdn.org or 212-734-6427 x25.

**CharisNYC invites you to attend the**

**Still + Silent Retreat**

*Friday evening, November 9th – Sunday, November 11th*

*Mariandale Retreat Center, Ossining, NY*

*Cost: $265 per person*

*To register, visit www.charis.nyc/stillsilent*

**PRAYER RESOURCES**

**Pray as You Go**

[www.pray-as-you-go.org](http://www.pray-as-you-go.org)

*Pray as You Go* is a daily prayer session designed for use on portable devices.

**3-Minute Retreats**

[www.loyolapress.com/3-minute-retreats-daily-online-prayer.htm](http://www.loyolapress.com/3-minute-retreats-daily-online-prayer.htm)

Take a short prayer break right at your computer. Spend some quiet time reflecting on a Scripture passage.

**FORMED: The Catholic Faith On Demand**

*DISCOVER ALL THE BEST CATHOLIC CONTENT IN ONE PLACE. ENTERTAINING MOVIES, ENLIGHTENING PROGRAMS, INSPIRING TALKS, AND A GREAT SELECTION OF POPULAR EBOOKS.*

**TO REGISTER**

- Visit formed.org
- Then, click on the button marked *Register: Sign up free using your parish code*, which is located in the lower right-hand corner, and then enter our code JM4KZX (all uppercase letters).

**Announced Masses and Readings for the Week**

**Monday, October 29th**

*(Thirtieth Monday in Ordinary Time)*

- 8:30 MEM Carla Fendi
- 12:10 MEM Gerald O’Gorman
- 5:30 MEM Toni Brown

**Tuesday, October 30th**

*(Thirtieth Tuesday in Ordinary Time)*

- 8:30 MEM Gloria Walsh
- 12:10 MEM Aldecir Rocha
- 5:30 MEM William Powers

**Wednesday, October 31st**

*(St. Alphonsus Rodriguez)*

- 8:30 MEM Henry J. Halko
- 12:10 MEM Amelia Navarro

**Thursday, November 1st**

*(All Saints)*

- Revelation 7:2–4, 9–14  Psalm 24
- 1 John 3:1–3  Matthew 5:1–12a

**Friday, November 2nd**

*(The Commemoration of All the Faithful Departed)*

Readings will be taken from the *Masses for the Dead*

**Saturday, November 3rd**

*(Thirtieth Saturday in Ordinary Time)*

- Philippians 1:18b–26  Psalm 42  Luke 14:1, 7–11
- 8:30 MEM Francis Ennis McCollum

**Sunday, November 4th**

*(Thirty-first Sunday in Ordinary Time)*

- Deuteronomy 6:2–6  Psalm 18
Thanksgiving Food Drive to benefit the New York Common Pantry

NYCP's Food Pantry Program is New York City's largest community-based food pantry. Throughout the holiday season NYCP will serve meals to over 2,000 low-income families.

Please bring your non-perishable food items to the Parish House through Wednesday, November 14th.

Requested items:
- pasta (1 lb.)
- canned beans
- dry beans (1 lb.)
- juice (46 oz. cans/bottles)
- 1 qt. shelf-stable milk
(No glass jars please.)

Annual Turkey Drive to benefit the New York Common Pantry

A donation of $40 will help the Common Pantry to purchase a turkey plus plenty of delicious side dishes and dessert for one of the thousands of families who rely on their Choice Pantry services.

Please bring checks to the Parish House by Wednesday, November 14th, and make them payable to: Society of St. Vincent de Paul (note Turkey Drive in the memo section).

Volunteers Needed!

Shelter Weekend Begins Friday, November 2nd

The Society of St. Vincent de Paul is in need of volunteers for the Women’s Shelter, which is located in Wallace Hall every other weekend, from November through April.

If you would like to volunteer in the Shelter, please leave a message for Teresa Abruzzo at the Parish House or email svdp.shelter980@gmail.com

SUNDAY, NOVEMBER 4th

11 AM SOLEMN MASS

Handel
Organ Concerto in B-flat Major

Tallis
If ye love me

Braun
Sh’ma Yisrael and V’ahavta

Beethoven
God the Spirit, Guide and Guardian

The N.P. Mander Organ Recital Series presents

JENNIFER PASCUAL
Director of Music, St. Patrick’s Cathedral

TODAY at 3:00 PM

The N.P. Mander organ is the largest tracker-action pipe organ in the New York metropolitan area. All N.P. Mander Organ Recitals feature large-screen projection, offering the audience a rare view of the organist at work.

Tickets will be available at the door.
Tickets: $25

Yale Schola Cantorum
Saturday, November 3rd
2:00 PM

Parry Songs of Farewell
Pizetti Requiem
David Hill, conductor

Yale Schola Cantorum is a chamber choir that performs sacred music from the sixteenth century to the present day in concert settings and choral services around the world. It is sponsored by Yale Institute of Sacred Music and conducted by David Hill; Masaaki Suzuki is principal guest conductor.

Admission is free. No tickets are required.

Please don’t forget to notify us! This information helps us to keep our database current.
PARISH STAFF

Pastor
Rev. Dennis J. Yesalonia, S.J.

Associate Pastors
Rev. Michael P. Hilbert, S.J.
Rev. Vincent B. Sullivan, S.J.

Assistant Pastor
Rev. Brian G. Konzman, S.J.

Senior Priest
Rev. William J. Bergen, S.J.

Pastoral Associates
Teresa Marie Cariño   Carly-Anne Gannon

Pastoral Assistant
Maureen Haley

Assisting Priests

Music Ministries
Daniel Beckwith   Maureen Haley
Robert Reuter   Philip Anderson
Michael Sheetz
Scott Warren, Director
Sara Murphy, Executive Director of SMSS Concerts
Danya Katok, Administrator

Assistant to the Pastor
Diane M. Boyle

Administrative Assistant
Patricia Schneider

Communications Coordinator
Elizabeth O’Sullivan

Director of Facilities
Robert Cisternino

Asst. to the Director of Facilities
Caroline Fernandes

Director of Development
Erin Pick

Treasurer
Fernando Castro

Weekday Masses (Monday to Friday)
8:30 AM, 12:10 PM, and 5:30 PM
Saturday: 8:30 AM

Masses for Next Weekend:
Saturday Vigil 5:30 PM Fr. Sullivan
Sunday: 8:00 AM Fr. Bergen
9:30 AM Fr. Hilbert
Wallace Hall Family 11:00 AM Fr. Yesalonia
Solemn 11:00 AM Fr. Judge
7:30 PM Fr. Judge

Religious Education for Children
Ms. Carly-Anne Gannon, Director
M.Phil., M.Ed.
(212) 861-4764

St. Ignatius Loyola Grammar School
Ms. Mary Larkin, Principal
M.S. Ed. (Admin.), M.S. Ed. (Literacy)
48 East 84th Street
New York, NY 10028
(212) 861-3820  Fax: (212) 879-8248

St. Ignatius Loyola Day Nursery
Ms. Joy L. Blom, Executive Director
M.A., M.Ed.
240 East 84th Street
New York, NY 10028
(212) 734-6427  Fax: (212) 734-6972

Children’s Liturgy of the Word
Sundays at the 9:30 AM Mass.

Centering Prayer
Mondays at 6:30 PM.

Confessions
4:30 PM Saturday or by appointment.

Baptisms
Please call Maureen Haley at the Parish House (212-288-3588 x636) to arrange for a Baptism and the preparation given prior to Baptism.

Rite of Christian Initiation for Adults
Contact Maureen Fullam, M.A., Director, at the Parish House.

Marriages
The Bride or Groom should call Maureen Haley at the Parish House (212-288-3588 x636) to begin preparation for Marriage, normally one year in advance.

Visits to the Sick
Please contact the Parish House between the hours of 9:00 AM and 9:00 PM.

Lecture: Capital Punishment: Changes in Jewish, Christian, and Muslim Attitudes. Tuesday, November 13th, 6:00 PM. Fordham University at Lincoln Center, McNally Amphitheatre, 140 W. 62nd Street. Presenter: Rev. Patrick J. Ryan, S.J., Laurence J. McGinley, Professor of Religion and Society. Respondents: Pierre M. Genti, J.D., Cahill Gordon & Reindel LLP and Ebru Turan, Ph.D., Fordham University. Free and open to the public. For more details, call 718-817-4745, visit fordham.edu/mcginleychair or email mcgchair@fordham.edu

Travel: Retreat Pilgrimage on the Camino Ignaciano with Fr. George Drance, S.J. Wednesday, March 13, 2019 to Sunday, March 24, 2019. Follow the footsteps of St. Ignatius Loyola, from his castle in Loyola to Barcelona. Option to walk or take the bus. Cost: $3,295 (rate guaranteed until Saturday, December 15th). Spaces limited to 20 pilgrims. For more information, contact Angie Cruz at angiecruzphd@gmail.com or 917-607-0937.

Sunday Exposition of the Blessed Sacrament. Every Sunday from 3:15 PM to 5:30 PM. Saint Joseph’s Church, 404 East 87th Street. An opportunity for quiet prayer and silent adoration. All are welcome.

Interested in becoming Catholic?
For more information about this process, which is called the Rite of Christian Initiation of Adults, contact Maureen Fullam at 212-288-3588 or email church@saintignatiusloyola.org

Music Information: (212) 288-2520 Email: music@stignatiusloyola.org